

HEALING IS HEIGHTENING OF STANDARDS

Dear Aspirant:

Except for a palliation of transient symptoms or passing help that is given to a suffering soul in some moment's intercourse or through casual service, healing is a serious problem that must be seen as the joint concern of the race and the individual. The healer himself is merely the legate of the group or a representative of God, and woe betide him if he forgets that fact for a single instant while acting in such a vital and exalted role. As between the patient and the total cosmos the practical situation is that the totality sustains the individual as his own inner prevailing attitude and every operation of universal or spiritual gravitation in root co-operation has determined and made life manifest for him, and that he does not like this or does not appreciate the external conditions that dramatize the basic set of his mind and being. The result is that he wants things to be changed and life to offer him something more challenging than the ill-being by which he now identifies every whole reality of his existence. As far as he is concerned he now is or should be willing to recognize that he himself is fundamentally at fault and that he himself must in some way change or reorder the inclusive pattern of his experience.

The cosmos is happy to make any possible adjustments but they must be in accord with cosmic law and there must be exact balance either through his giving less of himself and taking a smaller compensation from his total environment or through his self-mobilization and quickening to genuinely eternal contribution to the race with the consequent return to him in and through the pervading reality as this has been and will be known to him. The patient's choice is either a real heightening of his own standards or an acceptance of disintegration.

Yours in the fellowship of the spirit,

MARC EDMUND JONES

Stanwood, Washington 98292, March 4, 2019

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THE AFFIRMATIONS FOR THIS WEEK AND NEXT

Health: My being is enlarged in my constancy of faith.

Prosperity: I dedicate my world to God in every thought and act.

Happiness: I thrill within my heart to every breath of life.

SYMPATHY MAY BE FALSE ACCEPTANCE

Dear Aspirant:

It is not a fair criticism to say that genuine occultism is cold and has no warmth of sympathy or understanding to give whoever may suffer from bodily ills or bereavement or thwarted self-expression or any denial of the fullest opportunity and richness of being, but it is quite correct and indeed a most serviceable indication of the basic spiritual teaching to say that a higher understanding declines to give even the most superficial sanction or encouragement to any reality but that which is grounded in eternal and immortal fact. There are actually two forms of sympathy with the one as helpful as the other in the usual areas of life but only one the deeper form of any eternal worth. In it alone does heart touch heart and soul meet soul. In real depth consciousness reaches out to go deep in the awareness of the other and there find union in a perfect and enduring fellow-feeling. It has no commerce with superficial things that could no more express its deeper comfort and fellowship than reveal the actual potentiality or immortal consciousness of the patient. It is not too bad that a toothache has somebody completely distraught since without the pain the person might be left unwarned and defenseless against the onset of decay and disintegration. The healer naturally is sorry for the patient in a decent human fashion but he is no more interested in the pain than in passing phenomena generally and rather is exalted in contact with a soul to be helped and with an issue that can lead to higher quickening.

Suffering is always the intensification of life, and the pitiful instances where the suffering is more real than the potentials of which it is signature and where man clings to his pain as though it were the greatest reality he might know are healing's greatest defeat.

Yours in the fellowship of the spirit,

MARC EDMUND JONES

Stanwood, Washington 98292, March 11, 2019

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THE AFFIRMATIONS FOR LAST WEEK AND THIS

Health: My being is enlarged in my constancy of faith.

Prosperity: I dedicate my world to God in every thought and act.

Happiness: I thrill within my heart to every breath of life.

## THE TEST PRIOR TO SPIRITUAL HEALING

Dear Aspirant:

Because this particular blue letter has continuity in an examination and discussion of spiritual healing written in 1938 but in its content made reference to a prior blue letter written in 1931 with a concern over matters long ago forgotten or best forgotten it is necessary to recast it in 1958 in order to bring out the point it made or preserve its contribution to the consideration of healing. The great interest of the occultists of America in the period from the inception of the Theosophical Society in 1875 to the great depression consequent on the Wall Street debacle in 1929 was the spiritual progress of those who started on the path of initiation and expected to be graded in the fashion of the conventional schools of our time-and-space world. The notion that there were special tests to try the mettle of the aspirant was accepted almost everywhere. But in spiritual dimensions it never is possible for individuals to be graded, or even to know if anyone is progressing or not in any usual sense of that word. The expending of self in an effort at an expanded service or the gaining of the eternal opportunity is in itself achievement, but this is not enough to accept as far as all too many seekers are concerned. They find it devastating to learn that it never can be said in any possible way of thinking that progress on the Path is forwards or backwards. To attempt such a judgment would be to subject spiritual reality to physical limitation, and immortality is above everything of mundane restriction since it is wholly of the seeker himself and his source in his own higher dynamic. Spiritual testing is awareness of a higher, and this is fulfillment.

Anyone seeking spiritual healing is helped in his effort at self-extrication, and he must never be permitted to taste defeat.

Yours in the fellowship of the spirit,

MARC EDMUND JONES

Stanwood, Washington 98292, March 18, 2019

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## THE AFFIRMATIONS FOR THIS WEEK AND NEXT

Health: I bring the whole of myself to dwell in lasting peace.

Prosperity: Whatever I take from life I accept as high responsibility.

Happiness: My soul is lighted at the flame of unceasing aspiration.

## TRUE HEALING ALWAYS SUCCEEDS

Dear Aspirant:

The triumphant nature of spiritual healing is its enduring impression on the minds and lives of those who have benefited from its ministration, and in true healing work and also in all preparation for healing and teaching about healing this feeling of triumph must be a prevailing element. Not only are individual healings destroyed but all possibility of healing is negated by the literal nature of unsound promises and expectations as these are encouraged in a superficial occultism and spectacular miracle-mongering. When healing is proper and its true nature is realized or when the nature of illness is clear and the constructive purposes of suffering are grasped healing never fails in even the slightest degree. But when students who lack discrimination are led to seek amelioration of conditions without extracting any essence of experience from them, or to gain the help of the cosmos for the furthering of their own plans or notions and this without willingness or desire on their part to be changed within themselves by an expansion of consciousness or a broadening in general point of view then truly does healing become a snare and a delusion. To an outsider and rather rightly from surface analysis it will seem almost to be begging the question when we insist in healing practice that nothing be put in healing consciousness or submitted by healing slip or made the concern of meditation until critically and literally it can be seen to be both an actual possibility and spiritual desirability as beneficial both to self and every other self related to self and to the race as a whole.

Reference in this is to tangible objectives and definite healing goals. Behind this as well as over and above it always is an implicit general healing in which the self asks eternal understanding.

Yours in the fellowship of the spirit,

MARC EDMUND JONES

Stanwood, Washington 98292, March 25, 2019

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THE AFFIRMATIONS FOR LAST WEEK AND THIS

Health: I bring the whole of myself to dwell in lasting peace.

Prosperity: Whatever I take from life I accept as high responsibility.

Happiness: My soul is lighted at the flame of unceasing aspiration.